

How to Make the Most Out of our Advising Appointment

Before the Appointment: Come Prepared

* Know Your “Why”: Reflect on why you scheduled this appointment. Is it about academic planning, registration, removing a hold, transferring, changing majors, or other support?
* Bring Your Questions: Write down anything you're unsure about: credits, graduation timelines, academic resources, etc.
* Check Your Holds & To-Dos: Visit your CIS portal to make sure you're aware of any holds, forms, or items blocking your progress.
* Explore Your Degree Audit: In Degree Audit, check what classes you've completed and what’s left. This helps guide your conversation.

During the Appointment: Be Open & Engaged

* Tell Your Story: They want to hear about your experiences, goals, and challenges: academic and personal.
* Ask Questions: There are no dumb questions. Seriously. This is your time to get clarity and build a path forward.
* Take Notes: Bring a notebook or use your phone/laptop. Write down any action items or follow-ups.

Topics Advisors Can Cover Together:

* Major/minor exploration
* Degree planning and course registration
* Graduation planning
* Transferring credits or schools
* First-gen, returning, or non-traditional student support

After the Appointment: Take Action

* Follow Through: Whether it’s scheduling an appointment or meeting, submitting a form, or checking out a campus resource, take that next step.
* Stay Connected: Bookmark the email or scheduling link. We’re your long-term support system, not just a one-time visit.
* Reflect & Reset: Did the appointment shift your goals or bring up new questions? That’s totally normal. Write them down for next time.

Bonus Tips

* Come Early, Stay Calm: They’re here for you, not to judge, but to walk with you.
* Be Honest: Struggling? Behind on classes? Not sure if this major is right? Say it out loud. They can help.
* Bring a Friend (if you want): Some students feel better with support—totally welcome!